

Foundation



Foundation Timetable 2025 Suitable for school ages Prep, Grade 1 & Grade 2



5:15PM

TAP & JAZZ COMBO CLASS 5-6YRS

5:15PM TAP & JAZZ **COMBO CLASS** 5-6YRS

5:15PM TAP & JAZZ COMBO CLASS 5-6YRS

TAP & JAZZ COMBO CLASS 5-6YRS

6:00PM

Lyrical & Contemporary 10:00AM

TAP & JAZZ COMBO CLASS **5-6YRS**



215 OSBORNE AVE, CLAYTON SOUTH | TEL: 9558 7227

2025 TIMETABLE Foundation Pro

MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** SATURDAY 10:00AM **ROYAL ACADEMY ROYAL ACADEMY ROYAL ACADEMY ROYAL ACADEMY** ROYAL ACADEMY TAP & JAZZ OF DANCE OF DANCE OF DANCE OF DANCE OF DANCE COMBO CLASS **BALLET 7-8YRS BALLET 7-8YRS BALLET 7-8YRS BALLET 7-8YRS BALLET 7-8YRS 7-8YRS** 5:15PM 5:15PM 5:15PM 5:15PM 6:00PM TAP & JAZZ **TAP & JAZZ TAP & JAZZ TAP & JAZZ** Lyrical & ROYAL ACADEMY COMBO CLASS **COMBO CLASS** COMBO CLASS **COMBO CLASS** OF DANCE **Contemporary 7-8YRS** 7-8YRS **BALLET 7-8YRS** 7-8YRS 7-8YRS



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About the **Foundation Program**

The Foundation Program provides dance training to students who are approaching dance more from a recreational perspective.

Great for students who are just taking their first steps in dance and keen to explore the possibilities

The program has a 'no pressure' approach to cater for those who love to dance, but do not want to schedule multiple dance classes in the week.

The Development Program sits alongside our Syllabus Progressive Training Program which is a more focused, technical and methodical approach to dance training.

Foundation program provides an exciting opportunity for children who are new to dance to explore new styles and develop their unique skills at a pace that reflects their experience and

interests.

Foundation Classes include Ballet, Jazz, Tap, Acro & Hip Hop.



FEATURED DANCESTRUCK STUDENT | CLAIRE HU

OUR APPROACH

Foundation Program

WE HAVE CREATED
CLASSES TO EXPLORE THE
FUN AND MAGIC OF DANCE
AT YOUR OWN PACE

From the first steps in the group studio class to the group stage performancs, our Foundation Program is a great way to explore dance that really captures the love and magic of dance for all involved.

Our group classes are filled with foundation blocks that build technique and develop artistic expression but most of all we encourage & nurture confidence.

We provide opportunities for the students to connect to each other through team oriented settings to nurture friendships and mutual support amongst each class., we know how important it is for your child to feel safe, welcome and included at all times.

Our most experienced specialist teachers love the Foundation Program classes as they know it is here that the highest standard of training must be delivered to give each student the very best start to their lifelong love of dance

Two performances per year are highlights for each student.

Outcomes

students will be able to demonstrate

- confidence to learn new dance skills in a structured progressive environment
- A good knowledge Dance Vocabulary at Foundation level
- A clear demonstration of good foundation in dance technique

• Feel confident to prepare and participate in a group dance in a theatre performance



Performance Opportunities

Events

DanceStruck Mid Year Theatre Performance

June: Encore Theatre, Clayton

DanceStruck End of Year Gala Theatre Performance

November: Besen Theatre, Burwood



DanceStruck Foundation I Rising Stars

DanceStruck Foundation Jazz Funk Stars

Working towards to our performances is a fun way to develop dance skills, learning \mathcal{E} retention of information techniques, team work and self-confidence in a very exciting way.

For our foundation students, the stage experience is the pinnacle of each semesters leaning and to showcase this in front of a live audience is very rewarding.

We have over 25 years of experience in preparing student for a stress-free event, our teachers and staff are here to support you as we move through these milestone moments

We offer support home practise resources such a video tutorials, written prompt notes and music files to make learning fun and easy.

FOUNDATION PROGRAM | FOUNDATION PROGRAM



Featued Foundation Students Enya Lin, Wennie Lin, Claire Gao & Hannah Kennett

Uniform Requirements



We sell the uniform from our on-site store $\mathscr E$ estore for your convenience.

For the full ballet shopping experience we receommend 'Bloch for Dancers' at Chadstone \mathcal{E} E'nergetiks' Moorabbin.

Boys Uniform shoul dbe fitted at Bloch ro energtiks as they will stock a wide range for boys



Tan Jazz & Tap Shoes



Black V-Band Jazz & Tap Shorts

DanceStruck Studio Jacket Vest option also available



Each Program has a different colour with uniform style & colour chosen for appropriate age and functionality . Studio Jackets are compulsory as cover-up to and from studio



FOUNDATION 1 STUDENT HESHANYA WITH MISS KAMRYN

The (not so) Secret Our teachers remember their own childhood Ingredient to our programs



dance experiences of genuine care and guidance given to them by their teachers as developed their own potential and opportunities through dance.

It is this childhood memory and wish to bring fun, informative and inspiring classes to the next generation of children that motivates our teachers.

We know that childhood dreams can become a reality with encouragement, training excellence and support in a positive learning environment.

Our motto is more of a statement as we really do love to dance and we are excited to see your child blossom and thrive as the year unfolds.

Foundation Classes

Foundation I - II- III classes have progressions to introduce, develop and consolidate foundation techniques and performance skills. Here is brief overview of each slyle we offer

Classical Ballet

Our signature class incorporating the R.A.D Royal Academy of Dance Syllabus with a combination modern & traditional classical terminology, techniques and themes.

Creativity is encouraged through group settings as each level progresses. Music, mime

settings as each level progresses. Music, mime and dance come together with an experience that makes ballet so popular with boys & girls

Jazz

Jazz has evolved with music influence from 50's all the way through to the current day. Jazz technique derives from ballet and adds elements of upbeat energy, moves and themes. Jazz class explores rock n roll, disco, pop and much more Pre-Requisite: Classical Ballet

Suggested Companion Electives: Tap & Musical Theatre

Musical Theatre

Combination class that introduces the Musical Theatre experience using elements of Jazz, Tap, Mime and singing. We introduce actual Musical Jnr. scripts that are age relevant and explore the characters through song, drama and dance.

Pre-Requisite: Classical Ballet, Jazz & Tap Suggested Companion Electives: Acro

Sing - Act - Dance

Sing - Act - Dance is a great introduction to the performing arts as it works on the individuals skills whilst working within a fun team learning environment emphasis on performance skills in drama, singing and dance.

Each term a Junior Musical is chosen and students explore dialogue, songs and dance pieces to bring the story together through performance. Very popular Program!

Pre-Requisite: None

Lyrical/Contemporary

A more modern interpration of ballet that exlores expressive movement with a contemporary slant on energy and aesthetics. Lyrical & contemporary draws upon ballet technquies and adds a more experimental aspect to performace works.

Pre-Requisite: Classical Ballet

Pre-Requisite: Classical Ballet Suggested Companion Elective: Acro

Tap

Tap is popular for its fun and percussive rhythmns with feet. Influenced from Hollywood Tap greats such as Shirley Temple, Fred Astaire & Gene Kelly tap has developed styles including Musical Theatre & street tap Pre-Requisite: Classical Ballet

Suggested Companion Electives: Jazz & Musical Theatre

Tap/Jazz Combo

Combination class that introduces Jazz & Tap as an entry expereince level class.

Establishing foundations in both Jazz and Tap gives each students a solid base to develop their talents fuuther before progressing to specialise in Jazz & Tap.

Pre-Requisite: Classical Ballet Suggested Companion Electives: Acro

Acro

Foundation acrobatic technique training to increase flexibility, strength, balance, coordination, endurance, timing, body awareness, self-discipline and confidence.

Foundation tumbling elements are taught with progressive skill syllabus Assessments included

Fun active program for boys & girls
-Requisite: Contemporary or Lyrical
Suggested Companion Electives: Ballet or Jazz y



FOUNDATION PROGRAM SUMMARY

Course Module Progression Guide

Foundation I - School Grade: Prep 5-6yrs

Foundation II - School Grade 1: 6-7yrs

Foundation III - School Grade 2: 7-8yrs

Course Outcomes:

- Foundation Dance Techniques
- Foundation Dance Vocabulary
- Foundation Performance skills
- Internal Assessments
- Confidence in unassisted learning
- Progressive Foundation Units I II III IV
- Graduation to Academy Program

Course Units

- Core Ballet
- Elective Lyrical
- Elective Production
- Elective Contemporary
- Electives Jazz
- Electives Tap
- Elective Jazz/Tap Combo
- Elective Sing -Act-Dance
- Elective Musical Theatre
- Elective Acrobatic Arts





Where will your first steps in dance lead you?

Kinder program 2 - 4 years

Introduces dance technquie artistry & performances

Courses - 1 year study

Kinder I: 18-30months

Kinder II: 2-3yrs Kinder III: 4-5yrs *

Graduate to Foundation Program *

Foundation Program 5 -10 years

Establishes dance techniques, artistry & performance

Courses - 1 year study

Foundation I: 5-6yrs

Foundation II: 6-7yrs

Foundation III: 7-8vrs *

Course - 2 year study

Foundation IV: 8-10yrs *

Graduate to Academy Program *

Academy Program 8 - 17 years

Develops dance technquies, artistry & performance

Courses - 1 year Study

Academy 1: 8-9yrs

Academy 2: 9-10yrs

Academy 3: 10-11yrs

Academy 4: 11-12yrs

Academy 5: 12-13yrs *

Academy6: 13-14yrs

Academy 7: 14-15yrs

Academy 8: 15-16yrs

Academy 9: 16-17yrs

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Academy 10: 17-18yrs

Graduate to Vocational Program *

Vocational Program 12-17 years

Accelerates dance techniques, artistry & performance Graduate to Tertiary and or full time study or work

VET Program 14-20yrs

Industry studies (can be used towards A.T.A.R. Score)

Certificate Lin Dance

Certificate II in Dance

Certificate III in Assist Dance Teaching





Our graduates have been accepted into the following dance industry organisations, with many more continuing tertiary studies at Melbourne University specialising in dance medicine, dance pyschology, accountancy for Entertainment industry and contractural law for the performing arts industries.

Turn your passion into a career!

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AUSTRALIAN BALLET FACULTY Christine Vavladellis

ROYAL ACADEMY OF DANCE REG'D TEACHER Kylie Tung & Kamryn Schruhm

INSTITUTE OF DRAMATIC ART N.I.D.A Jess McGuigan

TRANSIT DANCE (CONTEMPORARY)) Carla Formoso

MINISTRY OF DANCE (MUSICAL THEATRE) Jessie Pirret, Marisia Zapantis,

NATIONAL THEATRE BALLET Genevieve Windsor, Arcturus Woodfield

KELLY AYKERS (PERFORMING ARTS) Annabelle Windsor

CARRIBEAN CRUISE LINES Mis Hayward

We offer measurable results & outcomes

100% Pass rate in Royal Academy of Dance International Artistic Award Winners at National and State Dance Events Graduates accepted into Tertiary training course of their choice

