



*We love to dance!*

# Foundation



# Foundation Timetable 2026

Suitable for Prep, Grade 1, & Grade 2 students

## 2026 TIMETABLE Foundation Program 5-6yrs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30PM Ballet	4:30PM Ballet	4:00PM Ballet Prep	4:30PM Ballet		9:15am Ballet Prep
5:15pm Tap & Jazz Combo		10:00am Tap & Jazz Combo			
6:00pm Hip Hop K-Pop	6:00pm Hip Hop K-Pop	4:30PM Hip Hop K-Pop			10:45am Ballet 6-7yrs
					11:30am Hip Hop K-Pop

215 OSBORNE AVE, CLAYTON SOUTH | TEL: 9558 7227



## 2026 TIMETABLE Foundation Program 7-8yrs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30PM Ballet	4:30PM Ballet	4:30PM Ballet	4:30PM Ballet		10:00am Tap & Jazz Combo
5:15pm Tap & Jazz Combo		10:45am Ballet			
6:00pm Hip Hop K-Pop	6:00pm Hip Hop K-Pop	4:30PM Hip Hop K-Pop			11:30am Hip Hop K-Pop
					12:00pm Contemporary

215 OSBORNE AVE, CLAYTON SOUTH | TEL: 9558 7227



# About the Foundation Program

The Foundation Program provides dance training to students who are approaching dance more from a recreational perspective.

Great for students who are just taking their first steps in dance and keen to explore the possibilities

The program has a 'no pressure' approach to cater for those who love to dance, but do not want to schedule multiple dance classes in the week.

The Development Program sits alongside our Syllabus Progressive Training Program which is a more focused, technical and methodical approach to dance training.

Foundation program provides an exciting opportunity for children who are new to dance to explore new styles and develop their unique skills at a pace that reflects their experience and interests.

Foundation Classes include Ballet, Jazz, Tap, & Hip Hop.



## OUR APPROACH

# Foundation Program

---

### WE HAVE CREATED CLASSES TO EXPLORE THE FUN AND MAGIC OF DANCE AT YOUR OWN PACE

From the first steps in the group studio class to the group stage performances, our Foundation Program is a great way to explore dance that really captures the love and magic of dance for all involved.

Our group classes are filled with foundation blocks that build technique and develop artistic expression but most of all we encourage & nurture confidence.

We provide opportunities for the students to connect to each other through team oriented settings to nurture friendships and mutual support amongst each class., we know how important it is for your child to feel safe, welcome and included at all times.

Our most experienced specialist teachers love the Foundation Program classes as they know it is here that the highest standard of training must be delivered to give each student the very best start to their lifelong love of dance

Two performances per year are highlights for each student.

### OUTCOMES

Students will be able to demonstrate

- confidence to learn new dance skills in a structured progressive environment
- A good knowledge Dance Vocabulary at Foundation level
- A clear demonstration of good foundation in dance technique
- Feel confident to prepare and participate in a group dance in a theatre performance



FEATURED DANCESTRUCK STUDENT | ANGELINA MU

# Foundation Classes

Foundation level 1, 2, and 3 classes have progressions to introduce, develop and consolidate basic techniques and creative skills. Here is brief overview of each style of class we offer:

## Classical Ballet

Our signature class incorporating the Royal Academy of Dance (R.A.D) Syllabus with a combination modern and traditional classical terminology, techniques, and themes. Creativity is encouraged through group settings as each level progresses. Music, mime, and dance come together with an experience that makes ballet so popular with boys and girls.

## Lyrical/Contemporary

A more modern interpretation of ballet that explores expressive movement with a contemporary slant on energy and aesthetics. Lyrical & contemporary draws upon ballet techniques and adds a more experimental aspect to performance works.

Pre-Requisite: Classical Ballet  
Suggested Companion Elective: Acro

## Jazz

Jazz has evolved with music influence from 50's all the way through to the current day. Jazz technique derives from ballet, and adds elements of upbeat energy, moves and themes. Jazz class explores rock n' roll, disco, pop, and much more.

Pre-Requisite: Classical Ballet  
Suggested Companion Elective: Tap

## Tap

Tap is popular for its fun and percussive rhythms with feet. Influenced from Hollywood Tap greats such as Shirley Temple, Fred Astaire & Gene Kelly tap has developed styles including Musical Theatre & street tap

Pre-Requisite: Classical Ballet  
Suggested Companion Elective: Jazz

## Hip Hop

Hip Hop explores a variety of modern musical styles, including K-Pop, R&B, Hip Hop, Old Skool, and Street, with moves that encourage creativity and self-expression.

## Tap/Jazz Combo

Combination class that introduces Jazz and Tap as an entry experience level class. Establishing foundations in both Jazz and Tap gives each student a solid base to develop their talents further before progressing to specialise in Jazz and Tap.

Pre-Requisite: Classical Ballet  
Suggested Companion Elective: Acro



# Performance Opportunities

## DanceStruck Mid Year Theatre Performance

June 2026: Encore Theatre, Clayton

## DanceStruck End of Year Gala Theatre Performance

November 2026: Besen Theatre, Burwood



DanceStruck Foundation Ballet Stars

DanceStruck Foundation Jazz/Funk Stars

Working towards to our performances is a fun way to develop dance skills, learning & retention of information techniques, team work and self-confidence in a very exciting way.

For our foundation students, the stage experience is the pinnacle of each semester's learning and to showcase this in front of a live audience is very rewarding.

We have over 28 years of experience in preparing student for the event, our teachers and staff are here to support you and the dancer in your family as we move through these milestone moments.

To assist with this, we offer home practice resources such a video tutorials, written prompt notes and music files to make learning fun and easy; delivered via Google Classrooms.



Featured Foundation Students Enya Lin, Wennie Lin, Claire Gao & Hannah Kennett

# Uniform

Each Program has a different colour with uniform style & colour chosen for appropriate age and functionality.

We sell the uniform from our on-site store & e-store for your convenience. However, for the full ballet shopping experience, you can also visit 'Bloch for Dancers' at Chadstone or E'nergetiks, Moorabbin.

Boys Uniform should be fitted at Bloch or energtikis as they stock a wide range for boys



Lilac (Foundation) Leotard



Theatrical Pink Ballet, Tan Jazz & Tap Shoes



DanceStruck Studio Jacket  
(Vest option also available)



Black V-Band Jazz & Tap Shorts

# FOUNDATION PROGRAM SUMMARY



## Course Module Progression Guide

Foundation I: Prep (5-6 years)

Foundation II: Grade 1 (6-7 years)

Foundation III: Grade 2 (7-8 years)

## Course Units

- Core - Ballet
- Elective - Lyrical/Contemporary
- Elective - Production
- Elective - Tap, Jazz, or Jazz/Tap Combo
- Elective - Hip Hop

## Course Outcomes:

- Foundation Dance Techniques
- Foundation Dance Vocabulary
- Foundation Performance skills
- Internal Assessments
- Confidence in unassisted learning
- Progressive Foundation Units I - II - III
- Graduation to Academy Program





FOUNDATION 1 STUDENT HESHANYA WITH MISS KAMRYN



## The (not so) Secret Ingredient to our Programs

Our teachers remember their own childhood dance experiences of genuine care and guidance given to them by their teachers as developed their own potential and opportunities through dance.

It is this childhood memory and wish to bring fun, informative and inspiring classes to the next generation of children that motivates our teachers.

We know that childhood dreams can become a reality with encouragement, training excellence and support in a positive learning environment.

Our motto is more of a statement as we really do love to dance and we are excited to see your child blossom and thrive as the year unfolds.





## EASE WITH FEES | FEES WITH EASE

Enjoy performance-inclusive pricing that offers less hassle and incredible value for money.

### Package Highlights

- **Annual Class Tuition:** A minimum of 36 sessions per year, paid conveniently over 10 months.
- **Inclusive Fees:** Registration, administration, regulatory, and Student Injury Insurance covered.
- **Exclusive Access:** Student resources through Google Classrooms (videos, music, and notes).
- **Special Graduation Event:** In December 2026
- **Memorable Gifts:**
  - Ready Set Medal
  - Graduation Gift
- **Theatre Performance Tickets:**
  - Two tickets to the Mid-Year Theatre Performance.
- **Costume to Keep:** If your child participates in the end-of-year concert, your child's performance costume will be included.
- **Digital Keepsake:** If your child participates in the end-of-year concert, you will receive a professionally filmed recording of the event.

**Stress-free pricing and unforgettable memories for your dancer!**

## ENROLMENT TERMS AND CONDITIONS

- **What's Not Included:** Your monthly fee does not cover external events, such as EOY Theatre Tickets, Holiday Programs.
- **GST:** All fees are inclusive of GST.
- **Payment Schedule:** Monthly instalments are direct debited on the 1st of each month, from February to November.
- **Missed Classes:** No refunds are given for missed classes. Instead, students can arrange a "make-up" class via the parent portal.
- **Pro-Rata Payments:** New students enrolling during the term/month will be required to pay a pro-rata monthly instalment (this covers other inclusions at a reduced rate).
- **Payment Method:** Payments via direct debit from your nominated bank account or credit card, cash or bank transfer.
- **Payment Charges:** No gateway payment charges will apply, except in the case of rejected or bounced payments.
- **Enrolment Roll-Over:** Enrolment automatically rolls over each month unless cancelled in writing 28 days in advance.
- **Class Changes/Cancellations:** Any changes or cancellations of classes must be submitted in writing to [office@dancestruck.com](mailto:office@dancestruck.com). A 28-day cancellation notice is required.
- **Policies & Procedures:** Full policies, codes of conduct, and COVID-safe practices are available in the Parent Portal.

# Where will your first steps in dance lead you ?



## **Kinder program: 24 months to 5 years old**

Introduces dance technique, artistry, and performance opportunities.

### **Courses - 1 year study**

Kinder I: 2-3yrs

Kinder II: 3-4 yrs

Kinder III: 4-5yrs\*

*\*Graduates to Foundation Program*



## **Foundation Program 5 -10 years old**

Builds on technique, strength, and confidence.

### **Courses - 1 year study**

Foundation I: 5-6yrs

Foundation II: 6-7yrs

Foundation III: 7-8yrs\*

### **Course - 2 year study**

Foundation IV: 8-10yrs\*

*\*Graduates to Academy Program*



## **Academy Program 8 - 12 years old**

Expands skills, musicality, and performance.

### **Courses - 1 year Study**

Academy 1: 8-9yrs

Academy 2: 9-10yrs

Academy 3: 10-11yrs

Academy 4: 11-12yrs

Academy 5: 12-13yrs\*

*\*Graduates to Vocational Program*

## **Vocational Program 13- 18 years**

Advances technique, precision, and stage presence.

### **Courses - 1-2 year study per dance level.**

*Graduates to Tertiary and/or Full-time study/work.*

# PATHWAYS

ASPIRATION, INSPIRATION AND IMAGINATION.

## PURPLE GRADUATION

**ACADEMY 8**  
School Year 10 & 11

**ACADEMY 7**  
School Year 9 & 10

**ACADEMY 6**  
School Year 8 & 9



## ONYX GRADUATION

**VOCATIONAL ADVANCED 2**  
School Year 12

**VOCATIONAL ADVANCED 1**  
School Years 11 & 12

**VOCATIONAL ADVANCED FOUNDATION**  
School Year 10 & 11

**VOCATIONAL INTERMEDIATE**  
School Year 9 & 10

**VOCATIONAL INTERMEDIATE FOUNDATION**  
School Years 7 & 8

## MULBERRY GRADUATION

Progression to Purple and Onyx Program  
(Years 7 to 12 at school).

**ACADEMY 5**  
School Year 7



**ACADEMY 4**  
School Grade 6



**ACADEMY 3**  
School Grade 5

## CORNFLOWER GRADUATION

Progression to Mulberry Pink Program  
(Years 5, 6 & 7 at school).

**ACADEMY 2**  
School Grade 4



**ACADEMY 1**  
School Grade 3



## LILAC GRADUATION

Progression to Cornflower Blue Program  
(Grade 3 & 4 at school).

## FOUNDATION PRIMARY IN DANCE

School Grade 2

## FOUNDATION PRE-PRIMARY IN DANCE

School Grade 1

## FOUNDATION PREP

School Grade Prep



## KINDER GRADUATION

Progression to Lilac Program in line with move  
to Primary School.

## KINDER 3

Ages 4-5 (year before Prep)



## KINDER 2

Ages 3-4 years



## KINDER 1

Ages 2-3 years

— Signifies a program check point/competency

# Alumni

Our graduates have been accepted into the below dance organisations, with many more continuing tertiary studies at Melbourne University specialising in dance medicine, dance psychology, dance therapy, accountancy for Entertainment industry, and contractual law for the performing arts industries.

**Turn your passion into a career!**

**AUSTRALIAN BALLET FACULTY**

Christine Vavladellis

**NATIONAL INSTITUTE OF DRAMATIC ART N.I.D.A.**

Jess McGuigan

**ROYAL ACADEMY OF DANCE REG'D**

Kamryn Schruhm, Kylie Tung

**TRANSIT DANCE (CONTEMPORARY)**

Carla Formoso, Michaela Do

**MINISTRY OF DANCE (PERFORMING ARTS)**

Marisia Zapantis, Jessie Pirret,

**MINISTRY OF DANCE (MUSICAL THEATRE)**

Arcturus Woodfield, Genevieve Windsor

**CARBIBBEAN CRUISE ARTIST**

Mia Hayward

**KELLY AYKERS FULL-TIME**

Annabelle Windsor

**We offer measurable results & outcomes**

- ★ *100% Pass rate for the Royal Academy of Dance (International)*
- ★ *Artistic Award Winners at National and State Dance Events*
- ★ *Graduates from countless tertiary institutions for the Performing Arts*

DANCESTRUCK PAST GRADUATES Mia & Kamryn